



# YW CAMP

## PACKING LIST

\*Check for inclement weather for the week, plan accordingly!

\*Four Year Young Women Hiking 20 miles: See additional packing list from hike leaders.

*Youth are asked to not bring electronic devices to camp this year. In the Young Women Camp Guide it says "young women need a place where they can gather together, **separate from worldly influences**, feel the Spirit of the Lord, grow in unity and love, and strengthen their faith and testimonies of Heavenly Father and Jesus Christ."*

### CLOTHING

- SHIRTS (No Sleeveless)
- MODEST SHORTS, CAPRIS, OR PANTS
- UNDERWEAR
- SOCKS
- PAJAMAS
- MODEST BATHING SUIT
- STURDY, TOE-COVERED SHOES
- SWEATSHIRT/JACKET
- FLIP FLOPS FOR SHOWER
- RAIN PONCHO or JACKET
- HAT

### TOILETRIES

- TOOTHBRUSH/PASTE
- DEODORANT
- SHAMPOO/CONDITIONER

- HAIR CARE ESSENTIALS
- SANITARY SUPPLIES
- SOAP/BABY WIPES
- BATH & SWIM TOWELS
- BUG SPRAY/REPELLENT
- SUNSCREEN
- PERSONAL MEDICATION, if needed (Allergy, Midol, Tylenol, Ibuprofen, Antacids)
- BANDAIDS
- NEOSPORIN/OINTMENT
- CHAPSTICK (WITH SPF)

### BEDDING

- PILLOW
- SLEEPING BAG/BEDDING
- FITTED SHEET FOR TWIN MATTRESS

### OTHER NECESSARY ITEMS

- SMALL BACKPACK FOR HIKE
- WATER BOTTLE
- CAMP CHAIR or BUCKET
- FLASHLIGHT
- MESS KIT (can use a reusable plate, cup, utensils in ziplock bag) **WILL USE AT EVERY MEAL**
- SCRIPTURES
- JOURNAL/PEN
- SECRET SISTER GIFTS, at least one a day

### LEADER ITEMS

- PLASTIC TOTE for snacks
- POWER BAR/EXTENSION CORD
- 9 x 12 TARP

### OPTIONAL ITEMS

- FAN
- GAMES/CARDS FOR Free Time
- WORK GLOVES for around camp
- ELECTROLYTE PACKETS for hydration
- DECADE WEAR for 70's, 80's, 90's, 2000's Dance Parties; GLOW WEAR